

# Child Health Notes

Promoting early identification and partnerships between families, primary health care providers & the community.

Distributed by the Lewis County Interagency Coordinating Council (ICC) and Parent to Parent. **Contributors:**  
Washington Department of Health and the University of Washington Children with Special Health Care Needs.



"You can't do it all by yourself. There are many other services in your community that can help. It takes extra time to get to know these people, communicate with them and use their services, but in the end it really helps. Now it is at a manageable level, I know the services and I know my families. Networking and maintaining those networks in the end saves time."

--Rural community  
pediatrician.

## MEDICAL HOME: PRIMARY CARE OF CHILDREN WITH SPECIAL NEEDS

### What is a Medical Home?

The American Academy of Pediatrics (AAP) believes that all children, particularly children with special health care needs, should have a medical home. A **medical home** is not just a place, it is a "*family-centered way*" of providing health care services in a coordinated manner. Physicians and allied health professionals partner with families to optimize the child's health and development, and assist with accessing services as close to home as possible.

*Your primary care practice serves as the "home" where the family and child:*

- ♥ *feel recognized and supported*
- ♥ *find a centralized base for their medical care*
- ♥ *find connection to other medical and non-medical community resources*

Assuring that all children with chronic health care conditions or disabilities have a medical home by 2010 is a goal for the US Maternal and Child Health Bureau, the AAP, and the State of Washington. While many primary care practices provide the key elements of a medical home.....

**You don't have to do it all by yourself!**

## GETTING STARTED: STAY IN TOUCH WITH YOUR PARTNERS

### 1. FAMILIES

**LISTEN TO FAMILIES WITH CARE AND RESPECT, AND PROBLEM-SOLVE TOGETHER.**

Assure that families have access to community services, parent support programs, and specialty care providers.

### 2. COMMUNITY SERVICE PROVIDERS

Know the **two key resource coordinators** for children with special needs in your county:  
**CSHCN Coordinator, Michele Kassins 330-9318**

Serves children with or at risk for special needs ages 0-18 years.

Can provide or help families connect to: public health nursing, funding sources, and family support

Is funded in part by WA State Department of Health and works in your local health department

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Office: (360) 736-9558  
Cell: (360) 269-2269  
email:  
rbryan@reliableenterprises.org



## Lead Family Resources Coordinator (FRC) Rayna Austin 748-4359

Serves children 0-3 years

Can help families: arrange for further developmental testing to verify eligibility for early intervention (EI) services, explain EI services and systems, access community support programs, and discuss possible funding sources for EI services.

Is funded by Washington State Infant Toddler Early Intervention Program (IDEA Part C)

### 3. WASHINGTON STATE MEDICAL LEADERSHIP NETWORK

In Washington we have a statewide network of expert, community-based teams available to help assist you. Your community medical home team can help you identify practical tools and strategies to support key elements of a medical home in your office. You may call Roberta Bryan 269-2269, Paula Zamudio 880-0672 or Rayna Austin 748-4359 for more information.

#### Internet Resources

Washington State Medical Home Leadership Network

[www.medicalhome.org](http://www.medicalhome.org)

Center for Children with Special Health Care Needs

[www.cshcn.org](http://www.cshcn.org)

Washington State Department of Health, Maternal Child Health

[www.doh.wa.gov/cfh/mch](http://www.doh.wa.gov/cfh/mch)

AAP National Center of Medical Home Initiatives

[www.medicalhomeinfo.org](http://www.medicalhomeinfo.org)

Center for Medical Home Improvement <http://medicalhomeimprovement.org>

### LOCAL INFORMATION AND RESOURCES

#### For children under age three:

Living in Centralia Chehalis School Districts only

Living in any Lewis County School District

#### Contact:

Growing Together 748-2277 or Student Support 807-7245

In-tot Developmental Center 748-4359 or 1-888-548-4359

#### For children age three and older:

Within Centralia Chehalis School Districts

Outside Centralia Chehalis School Districts

#### Contact:

Local school district

Lewis County Special Education Coop 748-3384 or local elementary school

#### Regional:

Infant Toddler Early Intervention Program

[www1.dshs.wa.gov/iteip](http://www1.dshs.wa.gov/iteip)

Parent to Parent Support Programs of Washington

1-800-821-5927

[www.arcwa.org/parent\\_to\\_parent.htm](http://www.arcwa.org/parent_to_parent.htm)

Washington State Fathers Network

425-747-4004 ext. 4286

[www.fathersnetwork.org](http://www.fathersnetwork.org)

Washington State Medical Home Website

[www.medicalhome.org](http://www.medicalhome.org)

1-800-322-2588, 1-800-833-6388 (TTD)

WithinReach (formerly Healthy Mothers, Healthy Babies)

[www.withinreachwa.org](http://www.withinreachwa.org)

#### National/ Internet:

American Academy of Pediatrics

[www.aap.org](http://www.aap.org)

AAP Developmental and Behavioral Pediatrics

[www.dbpeds.org/](http://www.dbpeds.org/)

American Academy of Family Physicians

[www.aafp.org](http://www.aafp.org)

Family Village (extensive family resources for CSHCN)

[www.familyvillage.wisc.edu](http://www.familyvillage.wisc.edu)

Family Voices (National and state family support networks)

[www.familyvoices.org](http://www.familyvoices.org)

Please attend the Lewis County ICC (Interagency Coordinating Council) meetings the first Wednesday of each month 9:00 am to 10:30. Meeting focuses on services provided for children birth to five years old. FREE childcare if you call two days in advance 748-4359 or 880-0672. Meetings held at state DDD office, 1000 Kresky Avenue, Centralia.